D 100558	(Pages : 2)	Name
		Reg. No.

## SIXTH SEMESTER U.G.(CBCSS—UG) DEGREE EXAMINATION MARCH 2024

Family and Community Science

FCS 6B 09—DIETETICS

(2019 Admission onwards)

Time: Two Hours and a Half

Maximum: 80 Marks

## Section A

Answer all questions.

- 1. List the symptoms of Nephritis.
- 2. Differentiate between soluble and insoluble fibre
- 3. What is the causative organism of peptic ulcer?
- 4. What is gestational Diabetes?
- 5. What is Nephrotic symptom?
- 6. Enlist the role of a dietician.
- 7. What is the difference between Enteral and Parenteral nutrition?
- 8. Enlist foods to be restricted in typhoid.
- 9. What are the three key factors in obesity management?
- 10. List out the symptoms of Diabetes.
- 11. Mention the foods permitted in DASH diet.
- 12. Enumerate 4 Iron rich foods.
- 13. What are the foods to be avoided in peptic ulcer?
- 14. What is GTT?
- 15. Classify BMI.

(Ceiling 25 marks)

Turn over

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## **Section B**

Answer all questions in a paragraph.

Each question carries 5 marks.

- 16. Explain the nutritional requirements of cancer patients.
- 17. Differentiate between Type I and Type II Diabetes. Comment on the dietary modifications.
- 18. Discuss the Causative factors and clinical symptoms of nephritis.
- 19. Explain the role of diet in the management and prevention of constipation.
- 20. Differentiate between enteral and parenteral nutrition.
- 21. Plan s day's menu for a patient suffering from hypertension and suggest dietary modifications.
- 22. Discuss the mechanism of ulcer formation and its causes.
- 23. Discuss the consequences of Diarrhoea.

(Ceiling 35 marks)

## Section C (Essay Question)

Answer any **two** questions. Each question carries 10 marks.

- 24. Discuss the complications and nutritional management of atherosclerosis.
- 25. Discuss typhoid under: a) Aetiology b) Symptoms c) Diet management.
- 26; Describe the symptoms and dietary management of Liver Cirrhosis.
- 27. Explain PEM under:
  - (a) Aetiology.
  - (b) Signs and Symptoms.
  - (c) Diet Therapy.

 $(2 \times 10 = 20 \text{ marks})$